
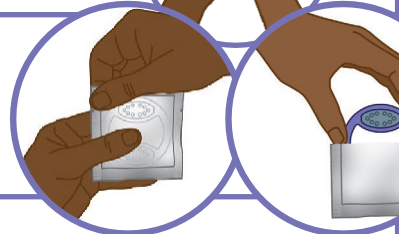
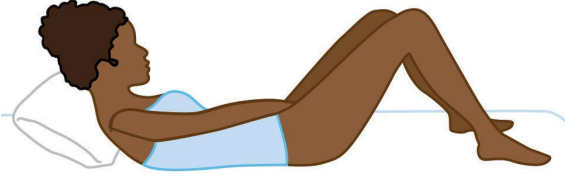


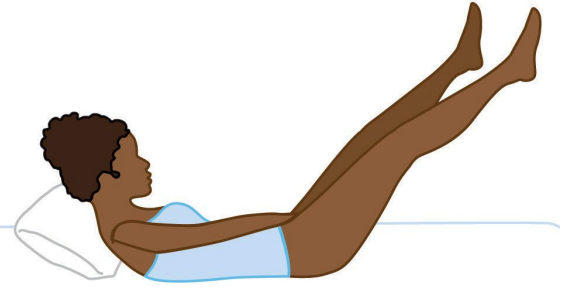
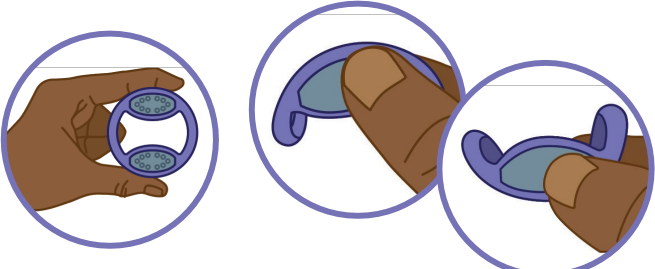
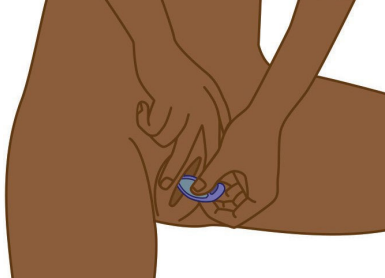


# MATRIX-003 Intravaginal Ring Use Instructions

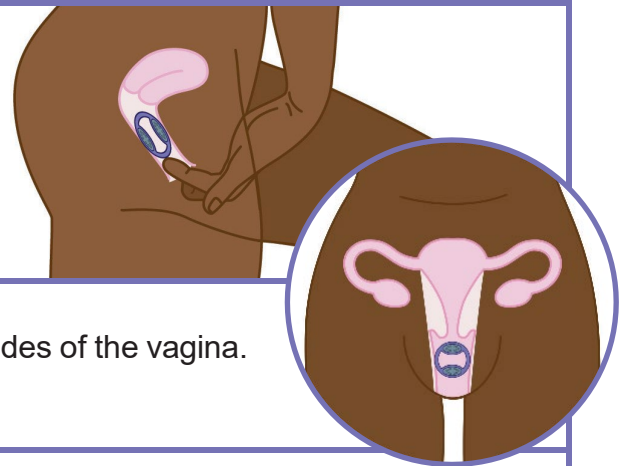
The ring being used in the MATRIX-003 study is a new design, but is made from materials that are commonly used in other approved medical devices. The ring in this study is a placebo ring; it does not contain any medications and will not prevent infections or pregnancy. Please carefully review the instructions below and ask study staff if you have any questions or need additional guidance.

## Step by step instructions

<p>1. Wash and dry your hands before removing the ring from the sealed pouch.</p>		
<p>2. Hold the ring within the sealed pouch with your fingers and use your other hand to tear open the pouch using the grooves on the top end.</p>		
<p>3. Choose a position comfortable for you.</p> 		
	<p>4. Hold the ring between your thumb and index finger and press the side tabs of the ring together. It is flexible and will easily fold in half so that both tabs are touching each other.</p> 	
<p>5. Use one hand to spread the labia and the other to insert the ring.</p>		

6. Place the folded ring at the opening of the vagina and insert it into the vagina. Then, gently push the ring further up into your vagina using your index finger.

*\*If you have long or acrylic nails, please be careful when inserting the ring.*



7. The ring will unfold in the vagina and rest against the sides of the vagina.

8. If the ring feels uncomfortable, you may need to push the ring further into your vagina. Use your finger to gently push the ring as far into your vagina as you can. There is no danger of the ring being pushed too far up or getting lost. Contact the study team, if you continue to experience discomfort. *[insert site contact info]*

The ring may move around slightly within your vagina. This is normal.

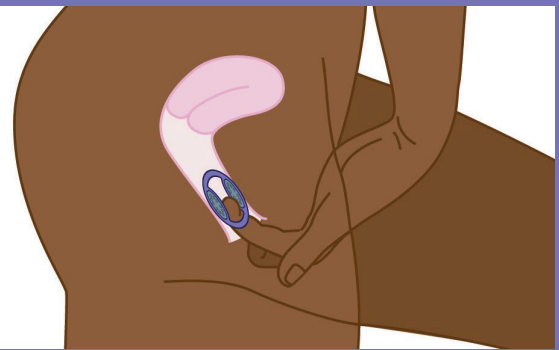
9. Wash and dry your hands.

## How to Remove an Intravaginal Ring (IVR)

1. Wash and dry your hands.

2. Put your index finger into your vagina. Feel for the ring and then hook your index finger through the ring.

*\*If you have long or acrylic nails, please be careful when removing the ring.*



3. Gently pull downward and forward to pull the ring out.

4. Place the used ring directly into the provided container. Do not wash it clean or wipe it off.

5. Wash and dry your hands.

6. Give the removed ring to study staff.



***If the ring comes out for any reason, rinse it with clean drinking water and reinsert it. If you are not able to clean it and reinsert it (if it gets dirty or you cannot insert it), please place it in the plastic bag supplied and return to the clinic staff for a replacement ring as soon as possible.***